

rotisserie meals

- LEG + 2 SIDES + SAUCE**  **17.79**
- DOUBLE LEG + 2 SIDES + SAUCE**  **19.89**
- BREAST + 2 SIDES + SAUCE**  **21.95**
- HALF CHICKEN + 2 SIDES + SAUCE**  **27.25**

JUST THE CHICKEN

leg **10.20** / double leg **13.15** / breast **12.20** /
half chicken **18.40** / whole chicken **31.80**

take home specials

- HALF TAKE HOME SPECIAL**  **38.95**
half chicken, one green, two sides & two sauces
- WHOLE TAKE HOME SPECIAL**  **58.95**
whole chicken, one green, three sides & two sauces

soups + sides

- FLOCK STOCK**    **11.50**
rotisserie chicken stock, vegetables, pulled chicken topped with herbs & pumpkin seeds
ADD AS A SIDE FOR 2.00
- TURKEY CHILLI**  **18.95**
ground turkey, black beans, roasted vegetables, feta, green onions & pumpkin seeds
ADD AS A SIDE FOR 3.00
- HAND CUT FRIES** **7.29**
with roasted garlic lemon aioli
- POUTINE** **11.95**
rich chicken gravy on hand cut fries with Quebec cheese curds **ADD PULLED CHICKEN \$5.75**
- ROASTED & GLAZED VEGGIES**   **9.75**
cauliflower, carrots & broccoli florets
- ROASTED SWEET POTATOES**   **7.75**
with chili & lime salt with **jalapeno dill sauce**
- KALE CAESAR SLAW** **8.05**
side version of our **CARDI**
- ORGANIC BROWN RICE**   **6.95**
with sesame nori

sandwiches

- PULLED CHICKEN SANDWICH**  **14.05**
avocado, mixed greens, crispy onions & horseradish, beet slaw and choice of side
SOLO 12.75 **MEAL (+1 SIDE) 17.16**
- PULLED CURRY CHICKEN SANDWICH**  **14.05**
pulled curry rotisserie chicken with celery, green onion, mixed greens and diced apple on a brioche bun
SOLO 13.75 **MEAL (+1 SIDE) 18.50**

greens

ADD: pulled chicken +5.75 | curry chicken 6.50 |
avocado +2.5 | egg +2 | feta +2.5 | Parmesan Cheese +2.5 |
tofu & yam mix +3.25 | toppings +0.5 | dressings +1.0

- CALI**   **14.05**
mixed greens, quinoa, cucumber, pickled onions, half hard boiled egg, carrots, beets, feta, sunflower seeds, soy beans with **jalapeno dill dressing**
- POWER**   **14.05**
romaine & spinach, butternut squash, black beans, pickled onions, daikon, red cabbage, soy beans, goji berries, sunflower seeds with **carrot ginger miso dressing**
- BOHO**   **14.05**
kale, quinoa, beets, currants, pumpkin seeds, carrots, pomegranate, beet hummus with **beet basil orange dressing**
- CARDI** **14.05**
kale, cauliflower, red cabbage, crispy onions, parmesan cheese, half hard boiled egg with **house caesar dressing**
- FLOKÉ**   **15.65**
organic brown rice, spinach, red cabbage, cucumber, soy bean, avocado, zucchini, green onion, sesame nori, roasted tofu & sweet potato with **miso ginger dressing**
- BAJA**   **15.65**
organic brown rice, spinach, romaine, black beans, red cabbage, cucumber, pickled onion, butternut squash, spiced corn, avocado, feta, green onion & tortilla chips with **jalapeño coconut dressing**

sweets

FUDGE BROWNIE **GF** **VG** 4.50

MARSHMALLOW SQUARE **GF** 4.50

drinks

non alcoholic

SAN PELLEGRINO 2.50
aranciata rossa, limonata

GOOD DRINK ICED TEA 4.25
mango & vanilla, green tea

SPARKLING WATER 2.50
330 ml

CANNED POP 2.50
coca-cola, diet coca-cola, sprite, ginger ale

BOTTLE OF WATER 2.25

beer + wine

WILDASS RED WINE 12
250 ml (12.9%)

WILDASS WHITE WINE 12
250 ml (12.8%)

WILDASS WHITE ROSE 12
250 ml (12.3%)

WOODHOUSE STOUT 8.80
473 ml (4.7%)

WOODHOUSE PILSNER 7.15
355 ml (4.2%)

WOODHOUSE LAGER 8.80
473 ml (5%)

WOODHOUSE IPA 8.80
473 ml (6%)

WOODHOUSE NORDIC PALE ALE 8.80
473 ml (5.2%)

WOODHOUSE RASPBERRY SOUR 8.80
473 ml (4.5%)



chicken tenders

buttermilk marinated fried and spiced fresh chicken tenders made with **hot flock** signature dry spice and three levels of heat: **straight up, on ice and spiked**

saucés: cool jalapeno dill ranch, maple nashville hot sauce, buffalo butter or flock special sauce

3 PIECES 10.50
served with your choice of spice and dipping sauce

3 PIECES COMBO 14.50
served with your choice of spice, dipping sauce, pickle & one side

fried chicken sandwiches

STRAIGHT UP 13.95
golden sauce, pickles & creamy slaw

COOL-RANCHED 13.95
cool jalapeno dill ranch, creamy slaw, pickles & hot honey

SPIKED 13.95
hot maple nashville, pickles & creamy slaw

MAKE IT A COMBO 16.95
served with choice of side

DF Dairy Free

Halal

GF Gluten Free

VG Vegetarian

V Vegan



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